

The following organizations facilitate the weekly workshops:

- AGL Resources
- Dominique Smith
- Delta Teens
- HESSA
- Hyacinth Foundation
- Noble
- NJCASA
- Mansa Moussa
- TD Bank

*I am a 5-star ambassador. I represent myself, my family, my community, my school and my race with pride, dignity and excellence.*  
*I am an Achiever! - Achiever Pledge*



## PROGRAM LOCATIONS

**PLAINFIELD AREA Y**  
**518 Watchung Ave, Plainfield NJ 07060**  
Carolyn Wellington  
cwellington@plainfieldymca.org  
(908)756-6060

**FANWOOD-SCOTCH PLAINS YMCA**  
**1340 Martine Ave, Westfield NJ 07060**  
Sabrina Scott  
sscott@fspymca.org  
(908)889-8880

**WESTFIELD AREA Y**  
**220 Clark Street, Westfield NJ 07090**  
Janice A. Carthens  
jcarthens@westfieldynj.org  
(908)233-2700 Ext. 227

Gleshia Givens  
ggivens@westfieldynj.org  
(908)233-2700

Nadya Lawrence  
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(908)233-2700 Ext. 412



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# ACHIEVE INSPIRE MOTIVATE

## ACHIEVERS PROGRAM



**Westfield Area Y**  
**Plainfield Area YMCA**  
**Fanwood-Scotch Plains YMCA**

## Program Overview

Research has shown that teens are more likely to succeed academically and socially when encouraged and guided by adults.

The Achievers program seeks to inspire minority high school teens throughout Union County to become leaders in their community and achieve academic excellence by providing tools and activities that prepares them for life.

### HISTORY

The Black Achievers Program began at the Harlem YMCA in 1968 as a conduit to helping youth develop life coping skills and educational goals. The Westfield Y began offering the program in 1998 and expanded its partnership with the Plainfield Y in 2016. Beginning Fall 2017 the program will also include the Scotch Plains/Fanwood Y.

## Program Goals

Overall, the Achievers Program aims to:

- Build character and sense of self
- Create a channel for community involvement/volunteering
- College Admission preparation assistance
- Develop leadership skills
- Enhance social skills
- Exposure to diverse career options
- Raise academic standards
- Provide scholarship and internship opportunities
- Provide minority role models and mentors



## How to Participate

The Achiever is open to all minority teens (9 thru 12 Grade) from all social and academic levels in Union County. Teens must complete an application form and be committed to attend and participate in workshops and events. There is no minimum GPA requirement and the program, including SAT Prep and materials, is free of cost. Participating HS seniors can be eligible to apply for college scholarships once or twice per year.

The year long program follows the academic school year and is offered on a 6 week rotation at each of the participating Y facilities.

### **Math SAT Prep:**

Tuesdays

6:30 - 8:30 pm

### **English SAT Prep:**

Thursdays 6:30 - 8:30 pm

### **Weekly Workshops:**

Wednesdays 7:00 -8:30 pm